

Five Ways to Stabilize **Population Growth**

The U.N. Population Fund estimates that 215 million women worldwide who desire modern contraceptives are deprived of them. Access to contraceptives would reduce unintended pregnancies by more than two-thirds, from 75 million to 22 million per year, and save \$5.1 billion in pre- and postnatal healthcare.

There's an inverse relationship between literacy and fertility rates. Literate women tend to have smaller, healthier families with dramatically decreased infant-mortality rates. Educated women also have increased access to economic opportunities and are less likely to bear children before they can afford to.

Nearly half of the world's population is under age 25, which means that Generation Z's reproductive decisions will reverberate for years to come. Comprehensive sex ed is an important step toward limiting teen pregnancy. By having a child, an

American woman increases her carbon legacy sixfold.



Gender Equality

essential human rights. They lack suffrage, education, and control over their own fertility. Plus, child brides are less likely to exercise decision-making power because of their economic dependency. Female empowerment is essential to slowing population growth.



Dynamic Development

In many cultures, women are deprived of In societies in tropical wilderness areas, where welfare is tied directly to the land, aid groups are promoting a development approach called population, health, and environment (PHE), which integrates improved access to health services with models for sustainable resource use.

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